

Health & Social Care

Bridging Work

Choose 4 of these tasks:

UNIT 1

For each of the following care setting, explain how 'SOLER' principles should be used to promote communication in a range of settings.

- Early Years Setting – e.g. nursery or child minder
- Medical setting – e.g. Doctors surgery or hospital
- Social Care – e.g. residential home or day care



UNIT 2

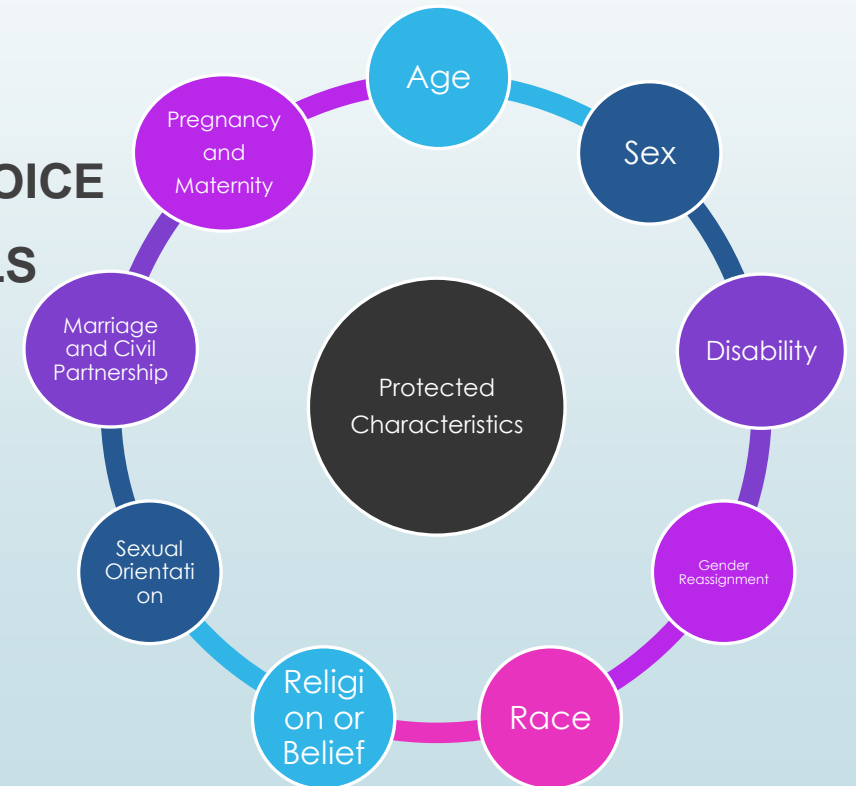
The Equality Act states that there are a total of 9 protected characteristics which must not be discriminated against.

- For one of these protected characteristics

EXPLAIN how a **CARE SETTING OF YOUR CHOICE**

could demonstrate that they **VALUE INDIVIDUALS**

with that **PARTICULAR CHARACTERISTIC**



UNIT 3

Answer this question – “What is the role of a first aider?”

- Check out <http://www.sja.org.uk/sia/first-aid-advice/what-to-do-as-a-first-aiders/the-role-of-a-first-aiders.aspx>
- Interview someone who does first aid where they work.



UNIT 4

Answer the question:

- “Evaluate how a person’s lifestyle can influence their risk of developing coronary heart disease”

To do this you will need to:

- Discuss the factors which cause coronary heart disease
- Link these factors with lifestyle choices which someone may choose
- Consider how someone can reduce their risk of developing coronary heart disease



UNIT 10

Research how much fibre is needed by individuals at different ages and why it is an important component of a healthy diet.

Which common foods are high in fibre and could easily be added into someone's diet?



UNIT 22

Produce a timeline for children based on Gesell's Maturation Theory and developmental milestones for children.

- If possible include details of when you (or a younger relative) achieved each of the milestones.

